

Rebecca Dittmar, LCSW

Providing virtual mediation in Dependency and Neglect (D&N) cases



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Rebecca Dittmar is a social worker-mediator at Rebecca Dittmar, LCSW, LLC. Between 2013 and 2021, Rebecca was an impartial facilitator in child welfare and juvenile justice cases in Boulder County. Many of the cases were involved in the Dependency and Neglect court process. Rebecca enjoys setting a tone of potential collaboration with the parties, caseworkers, attorneys, and others who participate. Rebecca has supported hundreds of groups to transform conflict into shared agreements about how to move forward to meet children's needs and promote family healing and reunification.

To become more skilled in the impartial role and conflict resolution, Rebecca obtained training in mediation from University of Denver in 2017. Rebecca has co-mediated, primarily in Domestic Relations cases, with City of Boulder Mediation Services, 20th Judicial District Day Mediation Program, and Jefferson County Mediation Services. She has also provided mediation to families, including parents and kinship caregivers in conflict with teens in their homes.

Rebecca obtained her bachelor's degree in social work in 2003, and her master's degree in social work in 2008. She developed fluency in Spanish through living in Mexico for two and a half years, during which she primarily coordinated disaster relief and community development services. She provided services to undocumented, unaccompanied children in immigration proceedings and their families for five years, prior to moving to Colorado in 2013.

When Rebecca is not providing mediation, she is providing individual and family counseling in English or Spanish. Or she is spending time with family and friends, usually with a cup of coffee in hand.